



## PRESET MENUS

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### INDIAN BUFFET

Seasoned to serve western palettes with strong flavours that are neither too spicy nor pungent.

- Naan Bread
- Fresh Spinach Pakoras with a Rich Red Curry Coconut Milk Dip
- Butter chicken
- Curry Cauliflower Chickpea Stew (vegetarians)
- Basmati Rice
- Indian Rice Pudding with Almonds & Pistachios

### THE GREAT GREEK

*This features some classic dishes that are always enjoyed.*

- Mouth Watering Greek Salad with Fresh Herbs
- Fresh Pita with House-made Hummus
- Free Range Chicken OR Tender Beef Souvlaki Skewers
- Tofu & Vegetable Kebobs (vegetarians)
- Steamed Greek Style Rice
- Mini Spanokapitas with Tzatziki
- Platter of Delicious Baklava

### PACIFIC RIM BUFFET

*This delicious meal is heavily inspired by the fantastic foods of Japan*

- Gomae Salad made with Fresh Spinach & our Black Sesame Peanut Dressing
- Assorted Sushi Rolls with Soy Sauce & Wasabi
- Teriyaki Chicken & Vegetables served over Pan Fried Thick Udon Noodle
- Spicy Eggplant served on a bed of Rice (vegetarians)
- Dorayaki

### SOUTHERN COMFORT

- Green & Purple Cabbage Coleslaw with a Creamy Apple Cider Dressing
- Smoked Maple Baked Beans
- Smoked Jalapeño Corn Muffins
- Fried Free Range Chicken Breasts Or Beef Briskets
- Vegetarian Gumbo with Kale, White Beans, Garlic, Rice & Smoked Tofu (vegetarians)
- Fresh Baked Apple Turnovers

### THE WEST COAST BUFFET

- Organic Mixed Greens with our famous Blueberry Vinaigrette
- West Coast Couscous Salad with fresh chopped Tomatoes and Corn tossed in a light Chili Lime Vinaigrette
- Multi-grain and white Dinner Rolls and Butter
- Cedar Planked Salmon - Wild Sockeye grilled on cedar planks over a charcoal fire. Finished with a Jack Daniels Glaze on a bed of Rice Pilaf
- BC Hothouse Red Peppers stuffed with a Quinoa & Lentil Pilaf & garnished with an Italian Parsley Coulis (vegetarians)
- Cheesecake Squares
- Fresh Fruit Platter
- Chocolate Mousse Tarts

### THE ITALIAN BUFFET

*A true Italian classic that is sure to please everyone.*

- Traditional Caesar Salad with Focaccia Croutons and Shaved Parmesan
- My mom's Meat Lasagna
- My mom's Vegetarian Lasagna (vegetarians)
- Focaccia Dinner Rolls and Butter
- Freshly Baked Cookies & Decadent Dessert Squares

### THE WORKING LUNCH

*Not sure what the group will like for lunch? Then let them decide!*

Create your own Sandwich Buffet includes:

- Spring Mix Salad with Blueberries, Feta Cheese, Slivered Almonds and dressed with a Balsamic Vinaigrette
- Sliced Deli Meats
- Classic Sandwich Filling Salads
- Sliced Cheeses
- Lettuce Tomatoes, Sprouts, Onions
- A Selection of Condiments
- A Selection of bread & rolls
- Fresh Vegetable Basket with Herb Dip
- Decadent Dessert Squares & Freshly Baked Cookies